

## Antihistamines

### Stop these medications 10 days prior to appt:

Atarax, Vistaril, Hydroxyzine (Marax)

### Stop these oral antihistamines 5-7 days prior:

Allegra (Fexofenadine)	Xyzal (Levocetirizine)
Claritin (Loratadine)	Alavert (Loratadine)
Zyrtec (Cetirizine)	Clarinex (Desloratadine)

### Stop these oral antihistamines 5 days prior:

Actifed (Triprolidine)	Antihist
Axid	Azatadine (Optimine, Trinalin)
Bromfed	Benadryl (Diphenhydramine)
Cabinoxamine (Rondec)	Chlopheniramine (Chlortrimeton)
Clemastine (Tavist)	Cyproheptadine (Periactin)
Deconamine	Dimenhydrinate (Dramamine)
Dimetapp	Diphenylpyraline (Hispril)
Doxylamine (Nyquil)	Drixoral
Dura-Tab	Flexeril (muscle relaxers)
Kronofed	Meclizine (Antivert)
Methdilazine (Tacaryl)	Naldecone
Novafed-A	Ornade
Pepcid (Famotidine)	Phenergan (Promethazine)
Phenindamine (Nolamine)	Pheniramine
Poly-Histine-D	Pyrlamine (Kronohist, Rynatan)
Tagament (cimetidine)	Tavist
Trimeprazine (Tamaril)	Trinalin
Zantac (Ranitidine)	Valium (Lorazepam, Ativan, sleeping pills)

### Stop these Nasal Sprays/Eye Drops 5 days prior:

Afrin	Astepro
Astelin	Azelastine
Dymista	Patanase
Bepreve	Patanol
Pataday	OTC- Eye Drops

\*If you are unsure if your medication contains an antihistamine, please contact our office.

The following medications *need not* be stopped:

Oral Corticosteroids (Prednisone, Medrol)

Pseudoephedrine	Accolate (Zarfilukast)
Theophylline	Zyflo (Zileuton)
Singulair (Montelukast)	Atrovent (Ipratroprium Bromide)

Nasal Steroids:

Qnasl	Nasalide
Fluticasone (Flonase)	Nasacort

Inhaled Asthma Steroids/Bronchodilators:

Aerobid	Pulmicort
Flovent	QVAR
Advair	Symbicort
Dulera	Aerospan
Alvesco	Asmanex
Albuterol Sulfate (ProAir, Ventolin, Proventil)	
Levalbuterol (Xopenex)	

SSRI Antidepressants:

Paxil (Paroxetine)	Zoloft (Sertraline)
Prozac (Fluoxetine)	Celexa (Citalopram Hydrobromide)
Lexapro (Escitalopram)	Effexor (Venlafaxine)

Proton Pump Inhibitors:

Prilosec	Aciphex
Protonix	Prevacid
Nexium	

*\*Please note this is not a complete list. If you are unsure if the medication you are taking contains an antihistamine please contact our office or your local pharmacy.*

*\*Please inform us if you are taking any antidepressants before skin testing as they may interfere with skin testing. Never stop antidepressants without consulting the prescribing physician first.*